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The psychological rebellion among the reserve players of the Iraqi premier league football clubs and its relationship to the stability of perceived behavior

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Abstract

The psychological rebellion shown by the reserve players in the match stems from the feeling of his lack of participation in the matches and the strength of the opponent and the challenge to him. The psychological rebellion of the reserve players during the match may arise through the quality of the curriculum or the training program taken by the technical staff and the knowledge of the acceptability of the reserve players for all aspects of the sports training prepared by the coach. Commitment to the coach's decisions required of the players despite their exaggeration because they are not reduced or forgotten with the nature of their training age, and therefore the reserve players may not be allowed to improve their physical, skill, tactical and psychological characteristics, which makes a weakness in the self-confidence factor in the match and hesitation during the strength of the opposing team in its stadium and outside its stadium, and for this we find that Fixed behavior is a kind of control depending on what is contained in the changing circumstances of the match, and the reserve player represents his steadfastness in perceived behavior in self-confidence and temper control that occurs in the match. Football professionals.

Keywords: Psychological rebellion, players, the Iraqi premier league in football

Introduction

The development stage of football players is one of the important stages due to the nature of the changes that occur to them, including the skill, physical, tactical and psychological characteristics of the players, and the difference in the ability of this stage to be affected by the influences of the sports community and the owners of the game, which may lead to the emergence of some patterns of non-positive behavior for a number of reserve players in the match. As the psychological rebellion shown by the reserve players in the match stems from the feeling of his lack of participation in the matches and the strength of the opponent and the challenge to him. The psychological rebellion of the reserve players during the match may arise through the quality of the curriculum or the training program taken by the technical staff and the knowledge of the acceptability of the reserve players for all aspects of the sports training prepared by the coach. Coaches towards developing the level of performance of the players as well as their realization that they are restricted within a personal space by the technical staff as a result of their lack of conviction, as the poor level of the reserve player in the match contributes to the acquisition of his personal performance, which in itself leads to proximity to frustration and loss of self-confidence in the match and that these factors All of them delay the ability of the reserve player to perform during the match, and perhaps there may be a number of reserve players who have the character of psychological rebellion in proving the existence of rebellion by not achieving technical performance during the match, which is a reflection of the extent of the thorny changes that occur in the match, which affected many aspects of the football game.

The perceived behavior of the reserve players is the existence of a system that leads to the development of the players through adherence to the coach's decisions required of the players despite exaggerating them because they are not reduced or forgotten with the nature of their training ages. Self-confidence in the match and hesitation during the strength of the opposing team in its home and outside its stadium. Therefore, we find that fixed behavior is a kind of control depending on what the changing conditions of the match contain.

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The athlete with all his joints may tend to rebellion and anxiety in the match and negative evaluation by those interested and specialists in the game of football.

Research problem

One of the most prominent features observed on the personality of the reserve football players is the factor of psychological rebellion through the presence of feelings of dissatisfaction by the technical staff towards the reserve players as a result at times of the behavior of the coach that he takes in the training units or the match and his tendency to put pressure on the reserve players with the intention of agreeing to Acceptance of the decisions taken by the coach in the match by not including them in the match according to the opinion of the coach when he reads the strengths and weaknesses of the opposing team. The players' rejection of the coach's technical decisions that contribute in the form of psychological rebellion to the nature of the changing circumstances of the match, under the pretext of the lack of integration of the development of their level and the lack of their technical performance towards the weak feeling of providing the best level of technical performance in the match.

Research objectives

The researcher aims to identify

1. The level of psychological rebellion among Iraqi Premier League players (reserve).
2. The level of perceived behavior among Iraqi Premier League players (reserve).
3. Differences in the level of psychological rebellion according to the variable (training age - chronological age).
4. Differences in the level of perceived behavior according to the variable (training age - chronological age).
5. The relationship between psychological rebellion and perceived behavior among Iraqi Premier League players (reserve).

Research field

1. **Human Field:** Football players from teams in the Iraqi Premier League.
2. **Spatial Field:** Football stadiums, arenas, and other venues used by clubs in the Iraqi Premier League.
3. **Time Field:** The 2018–19 Iraqi Premier League football season.

The main search procedures

First: The research community and its sample

One of the key steps in gathering data and information is choosing the sample, and to do this, the researcher

frequently defines his research community based on the phenomenon or problem that he selects, i. (Allawi, Radwan: 2000, 222)^[3], because the research community was selected and appointed on purpose, consisting of (73) players. They make up (80%) of the scientific community.

Third: Research Tools

The researcher did the following in order to foster some psychological revolt in the football players of the Iraqi Premier League (reserve).

Determining the psychological frequency variable theoretically

The study was adapted from the educational field to the sports field, specifically football players.

Gather scale paragraphs

The researcher was looking for a tool for measurement in order to gather and prepare the paragraphs of the measure of psychological rebellion, but aside from the scale, which was created to measure the psychometrics, the researcher was unable to find one after looking through a variety of literature that dealt with this concept theoretically through research and study.

The following weights are given in the case of positive paragraphs (5, 4, 3, 2, 1) based on the sequence and weights (1, 2, 3, 5, 4) as 38 paragraphs were prepared with the following alternatives to the answer: "It applies to me completely, it applies to me frequently, it applies to me occasionally, it rarely applies to me, it never applies.

Sequentially in the case of reverse paragraphs, emphasizing that there is no right or wrong answer as far as it expresses his opinion, reminding that there is no need to mention the name and that the answer will not be seen by anyone except the researcher, in order to reassure the players of the confidentiality of his answer.

Opinions of the arbitrators on the paragraphs of the psychological rebellion scale for football players (reserve) and its instructions

In order for (20) specialized arbitrators in the fields of sports psychology and sports training to express their opinions on the validity of the scale's paragraphs, the scale was presented to them in its initial form with 38 paragraphs, including the goal of the research and the accepted theoretical definition. So, based on professional judgment and observations, a proportion of (85%).

24 paragraphs were kept for the purpose of accepting or rejecting them, and their acceptance was based on the scale's instructions and answer options, as indicated in Table (1).

Table 1: The opinions of the arbitrators on the validity of the paragraphs of the psychological rebellion scale for football players (reserve)

Paragraph sequence	Number of referees			Percentage	Chi-square value		Sig type
	Total	Agree	Disagree		Calculated	Tabular	
1•2•3•4•5•6•7•8•9•10•11•12•13•14•15•16•17•18•19•20•21•22•23•24•25•26•27•28•29•30•31•32•33•34•35•36•37•38	10	10	0	100%	10	3.84	Sig
	10	9	1	90%	6.2	3.84	Sig

Analysis of the paragraphs of the psychological rebellion scale for football players (reserve)

The scale of (38) paragraphs was applied to the research sample of (73) players in order to analyze the psychological rebellion scale paragraphs using this method. The scores of

the scale paragraphs were then collected to determine the overall score for each player in the sample and arranged in descending order, beginning with the highest score and ending with the lowest score. Then, (27%) of the questionnaires with the highest scores were chosen and

referred to as the upper group, while (27%) of the questionnaires with the lowest scores were (20) questionnaires. The significance of differences between the mean was then tested using the t-test for two independent

samples. When compared to the tabular value of (1.98) for each paragraph, it looked that the higher and lower groups for each paragraph were distinguishable at the level of significance (0.05), and table (2) demonstrates this.

Table 2: Shows the discriminatory power of the paragraphs of the psychological rebellion scale for soccer players (reserve)

N	Senior group 30		Minimum group 30		Calculated T-value(*)	Sig type
	Mean	Standard deviation	Mean	Standard deviation		
F1	3.6189	0.26785	2.7763	0.11526	7.691	Sig
F2	3.23	0.59351	2.267	0.19426	6.901	Sig
F3	3.6281	0.31491	2.8596	0.04084	7.18	Sig
F4	2.9985	0.77438	2.1374	0.0769	5.79	Sig
F5	3.0448	0.47967	2.2948	0.1473	5.773	Sig
F6	3.767	0.27073	2.9522	0.09465	7.533	Sig
F7	2.8318	0.44368	1.9429	0.24171	6.679	Sig
F8	3.1929	0.31844	2.3966	0.02935	7.52	Sig
F9	3.1744	0.38443	2.1929	0.25953	7.596	Sig
F10	2.8503	0.47727	2.1281	0.15785	5.5	Sig
F11	2.9614	0.7561	2.0355	0.16981	6.069	Sig
F12	3.2485	0.79425	2.4892	0.21749	4.618	Sig
F13	2.3966	0.77003	1.9707	0.09025	2.483	Sig
F14	3.5507	0.2792	2.4892	0.17731	9.354	Sig
F15	2.5633	0.61676	2.2577	0.27626	1.558	Sig
F16	1.8424	0.94587	1.3355	0.36591	2.694	Sig
F17	3.4244	0.33903	2.4707	0.02525	9.049	Sig
F18	3.6374	0.38516	2.73	0.2184	7.178	Sig
F19	2.4522	0.65429	1.8689	0.16289	3.814	Sig
F20	3.2577	0.34365	1.9985	0.18011	10.782	Sig
F21	2.4522	0.68229	1.9337	0.30821	2.972	Sig
F22	3.2207	0.55707	2.4707	0.24105	5.174	Sig
F23	2.5911	0.65126	2.0448	0.19761	3.458	Sig
F24	2.7022	0.53462	2.3133	0.20811	2.424	Sig
F25	3.017	0.40483	2.2948	0.26661	5.308	Sig
F26	2.6559	0.58243	1.98	0.21471	4.598	Sig
F27	3.1466	0.78372	2.2392	0.24773	5.612	Sig
F28	3.2485	0.48709	2.2114	0.14064	8.261	Sig
F29	3.0448	0.47967	2.2948	0.1473	5.773	Sig
F30	3.767	0.27073	2.9522	0.09465	7.533	Sig
F31	2.8318	0.44368	1.9429	0.24171	6.679	Sig
F32	3.1929	0.31844	2.3966	0.02935	7.52	Sig
F33	3.1744	0.38443	2.1929	0.25953	7.596	Sig
F34	2.8503	0.47727	2.1281	0.15785	5.5	Sig
F35	2.9614	0.7561	2.0355	0.16981	6.069	Sig
F36	3.2485	0.79425	2.4892	0.21749	4.618	Sig
F37	2.3966	0.77003	1.9707	0.09025	2.483	Sig
F38	3.5507	0.2792	2.4892	0.17731	9.354	Sig

The internal consistency of the calves, a measure of psychological rebellion for soccer players (reserve)

Using the Pearson correlation coefficient, the correlation coefficient between each paragraph's degree and the scale's overall score was extracted. The forms subjected to this

analysis were 73 forms, and all correlation coefficients were statistically significant at the level of (0.05) and with a degree of freedom (71), with the correlation coefficient's critical tabular value being (0.23).

Table 3: Shows the coefficients of the consistency of the items of the psychological rebellion scale for football players (reserve)

No.	Consistency parameter (*)	Sig type	No.	Consistency parameter (*)	Sig type
F1	0.3962	Sig	F20	0.5258	Sig
F2	0.4352	Sig	F21	0.3456	Sig
F3	0.5315	Sig	F 22	0.5507	Sig
F4	0.5172	Sig	F 23	0.6252	Sig
F5	0.5229	Sig	F 24	0.7090	Sig
F6	0.3295	Sig	F 25	0.5459	Sig
F7	0.5262	Sig	F 26	0.5701	Sig
F8	0.5971	Sig	F 27	0.5862	Sig
F9	0.4961	Sig	F 28	0.5067	Sig
F10	0.5139	Sig	F 29	0.6611	Sig
F11	0.6951	Sig	F 30	0.7052	Sig

F12	0.3981	Sig	F31	0.6107	Sig
F13	0.7133	Sig	F32	0.5784	Sig
F14	0.4586	Sig	F33	0.7090	Sig
F15	0.6584	Sig	F34	0.5459	Sig
F16	0.5721	Sig	F35	0.5701	Sig
F17	0.3295	Sig	F36	0.5862	Sig
F18	0.3462	Sig	F37	0.5067	Sig
F19	0.6436	Sig	F38	0.6611	Sig

The stability of the measure of psychological rebellion for soccer players (reserve): First, re-testing. Two weeks after conducting the initial application, a sample of 25 players were used to re-test the results, and after emptying the results and using the Pearson correlation coefficient for the objective items, the stability ratio reached 0.844.

Second: Alfackeronbach: The results of the second exploratory experiment were relied upon to extract the stability of the test if the reliability coefficient in this way reached 0.882 and confirms (Fayez *et al.*: 2010, 142)^[6]. This coefficient is used to determine the scale's validity since it assesses how consistently respondents react to each question on the scale and how well each question captures the topic being measured. The scale's high correlation coefficient score denotes a high level of stability.

Measure of perceived behavior of soccer players

The researcher did the following in order to create a scale of perceived conduct among Premier League soccer players: assemble scales: The researcher looked at a variety of scales that tested this variable or dealt with it conceptually in order to gather and compile the paragraphs for the football players' perceived conduct scale.

Analysis of the measure of perceived behavior of soccer players: The scale was applied to the same sample of (73)

players with the help of the assistant staff, if the discriminatory power of the paragraphs was extracted using the T law for two independent samples, if the results of all the paragraphs showed significant when compared with the tabular value of 1.98 at the level of significance 0.05 and the degree of freedom 71.

After that, the researcher resorted to extracting the consistency of the paragraph with the total score using the simple correlation coefficient (Pearson), as all the paragraphs were significant, and the values of their coefficients ranged between (0.453-0.643) and when compared with the tabular value of 0.23 and a degree of freedom of 71.

Perceived behavior scale stability

First, re-testing

Two weeks following the original application, a sample of 25 participants were tested again in order to confirm the findings of the second survey. The stability ratio was 0.812 after decomposing the data and utilizing the Pearson correlation coefficient for the objective items.

Second: Alfackeronbach

The results of the second exploratory experiment were relied upon to extract the stability of the test if the reliability coefficient in this way reached 0.852

Table 4: Shows the upper and lower groups of discrimination, the perceived behavior of 50 items, after excluding the items that fell into the opinions of experts

Sequences	Senior group 30		Minimum group 30		Calculated T-value(*)	Sig type
	Mean	Standard deviation	Mean	Standard deviation		
F1	4.3198	0.56875	3.4772	0.81616	8.3919	Sig
F2	3.9309	0.89441	2.9679	0.89516	7.6019	Sig
F3	4.329	0.61581	3.5605	0.74174	7.8809	Sig
F4	3.6994	1.07528	2.8383	0.7778	6.4909	Sig
F5	3.7457	0.78057	2.9957	0.8482	6.4739	Sig
F6	4.4679	0.57163	3.6531	0.79555	8.2339	Sig
F7	3.5327	0.74458	2.6438	0.94261	7.3799	Sig
F8	3.8938	0.61934	3.0975	0.73025	8.2209	Sig
F9	3.8753	0.68533	2.8938	0.96043	8.2969	Sig
F10	3.5512	0.77817	2.829	0.85875	6.2009	Sig
F11	3.6623	1.057	2.7364	0.87071	6.7699	Sig
F12	3.9494	1.09515	3.1901	0.91839	5.3189	Sig
F13	3.0975	1.07093	2.6716	0.79115	3.1839	Sig
F14	4.2516	0.5801	3.1901	0.87821	10.0549	Sig
F15	3.2642	0.91766	2.9586	0.97716	2.2589	Sig
F16	2.5433	1.24677	2.0364	1.06681	3.3949	Sig
F17	4.1253	0.63993	3.1716	0.72615	9.7499	Sig
F18	4.3383	0.68606	3.4309	0.9193	7.8789	Sig
F19	3.1531	0.95519	2.5698	0.86379	4.5149	Sig
F20	3.9586	0.64455	2.6994	0.88101	11.4829	Sig
F21	3.1531	0.98319	2.6346	1.00911	3.6729	Sig
F22	3.9216	0.85797	3.1716	0.94195	5.8749	Sig
F23	3.292	0.95216	2.7457	0.89851	4.1589	Sig
F24	3.4031	0.83552	3.0142	0.90901	3.1249	Sig
F25	3.7179	0.70573	2.9957	0.96751	6.0089	Sig

F26	3.3568	0.88333	2.6809	0.91561	5.2989	Sig
F27	3.8475	1.08462	2.9401	0.94863	6.3129	Sig
F28	3.9494	0.78799	2.9123	0.84154	8.9619	Sig
F29	3.7457	0.78057	2.9957	0.8482	6.4739	Sig
F30	4.4679	0.57163	3.6531	0.79555	8.2339	Sig
F31	3.5327	0.74458	2.6438	0.94261	7.3799	Sig
F32	3.8938	0.61934	3.0975	0.73025	8.2209	Sig
F33	3.8753	0.68533	2.8938	0.96043	8.2969	Sig
F34	3.5512	0.77817	2.829	0.85875	6.2009	Sig
F35	3.6623	1.057	2.7364	0.87071	6.7699	Sig
F36	3.9494	1.09515	3.1901	0.91839	5.3189	Sig
F37	3.0975	1.07093	2.6716	0.79115	3.1839	Sig
F38	4.2516	0.5801	3.1901	0.87821	10.0549	Sig
F39	3.2642	0.91766	2.9586	0.97716	2.2589	Sig
F40	2.5433	1.24677	2.0364	1.06681	3.3949	Sig
F41	4.1253	0.63993	3.1716	0.72615	9.7499	Sig
F42	2.5433	1.24677	2.0364	1.06681	3.3949	Sig
F43	4.1253	0.63993	3.1716	0.72615	9.7499	Sig
F44	4.3383	0.68606	3.4309	0.9193	7.8789	Sig
F45	3.1531	0.95519	2.5698	0.86379	4.5149	Sig
F46	3.9586	0.64455	2.6994	0.88101	11.4829	Sig
F47	3.1531	0.98319	2.6346	1.00911	3.6729	Sig
F48	3.9216	0.85797	3.1716	0.94195	5.8749	Sig
F49	3.292	0.95216	2.7457	0.89851	4.1589	Sig
F50	3.4031	0.83552	3.0142	0.90901	3.1249	Sig

Analysis and interpretation of study findings

The researcher used the outcomes of the statistical analysis to extract and interpret the following information in order to respond to the research's objectives.

The first goal

The level of psychological rebellion among football players in the Iraqi Premier League reserve.

Table 5: It shows the cloud mean and the hypothetical mean of the responses of the research sample in the psychological rebellion variable

Variable	The number of respondents	Mean	Standard deviation	Hypothetical mean	T Value		Significant
					Calculated	Tabular	
Psychological Rebellion Scale	73	154.434	7.6423	114	18.364	1.96	In favor of the mean

The results of table (5) show the statistical features of the psychological rebellion test for soccer players, as the arithmetic mean (154.434) and standard deviation (7.6423) value (t) 18.364 at a significance level of (0.05) and a degree of freedom (72).

From the point of view of the researcher, the variable of psychological rebellion of football players was uneven between the players. This indicates that the technical staff group (football coaches) is the basic rule that provides a suitable environment for the reserve football players. And errors and correct them through the support of the coach to the player under the pressure of the match between them and the provision of sports training instructions

As well as continuous follow-up in training units and enhancing self-confidence by adhering to providing the best level in the match and thus will be reflected in determining their correct way of thinking within the green rectangle

towards moving away from the frequent psychological rebellion of the reserve players in the match and commitment to the directives of all technical and administrative aspects by the coach during the match. As "highlighting the capabilities of the players by showing the factors of strength and high technical skills and convincing the players of these great capabilities that they possess, which are the trump card in the field of competition for the purpose of getting rid of the state of anxiety and fear and encouraging the players and presenting their strong capabilities to meet the competitor and seek him without escaping from him and not thinking about making mistakes And the training staff should do a collective formula to relax the team collectively with the use of psychological suggestion sessions (Ghazi: Sports Psychology, 53, 2011) [2].

2. The second objective: The level of perceived behavior of football players in the Iraqi Premier League, reserves

Table 6: It shows the cloud mean and the hypothetical mean of the responses of the research sample in the perceived behavior variable

Variable	The number of respondents	Mean	Standard deviation	Hypothetical mean	T Value		Significant
					Calculated	Tabular	
Employment Engagement Scale	73	183.432	11.1694	150	22.6474	1.96	In favor of the arithmetic mean

The results of Table (24) appeared, which shows the statistical features of the perceived behavior variable, where

the arithmetic mean was (183.432) and with a standard deviation (11.1694), where the value of (t) was (22.6474) at

a significance level of (0.05) and a degree of freedom (72), meaning there are differences In favor of the median less than the median hypothesis of (150), and the researcher believes that organizing the perceived behavior of soccer players has a positive role in the match and how to stabilize the behavior of the players while facing the strength of the opposing team, and it contributes to the players on how to distribute the good time with the psychological confidence of the perceived behavior and how to The spirit of competition by putting the reserve players in the match. For this reason, we see that this result in the dimension of the perceived behavior of football players must have a moderate and mature personality towards what is contained in the changing conditions of the match, meaning that the behavior that football players must think about grows and develops

upon the development of modern sports training methods that are approved by the technical staff for all players and reserve players Thus, it contributes to defining their identity and personality in the match and their behaviors, as it increases the self-confidence of the players while facing the competing teams. The balanced perceived behavior has the ability to think positively in solving the problems that occurred to the players during the match. And (Osama Kamel Ratib, 2004, 216) ^[4] mentions that strong self-confidence will help you deal with mistakes and shortcomings effectively, that the continuation of the struggle for success and individuals who show an optimal degree of self-confidence set realistic goals according to their capabilities.

1. The third objective

Differences in the level of psychological rebellion according to the variable (training age - chronological age - trainer evaluation) and table (7) shows this

Source of contrast	Sum of squares S-s	Degree of freedom D-F	Mean of squares M-S	The value Calculated	Tabular value	Significance at level 0, 05
between groups	1628.698	1	1628.698	3.880	2.04	Sig
within groups	30217.87	72	419.6926			
Total	31846.57	73	31846.57			

The above table shows that the calculated p-value for the variables (training age, time age, coach evaluation, and the possible interaction between them) is less than the tabular p-value of (2.04) at the significance level (0,05), and this indicates that there are no statistically significant differences between the reserve players in the rebellion psychological according to those variables mentioned, and although there are differences in the averages of the scores of the players according to the variables (training age, chronological age, and coach evaluation).

This result can be explained by the fact that the level of the psychological rebellion variable for the reserve players

depends mainly on the extent of imposing decisions resulting from the lack of technical staff in the training unit and their matches, and whether this contributes to determining the future players' point of view about providing the best towards professionalism or achieving the prestigious technical level in the match. (Adass and Qatami: 2000, 131) ^[5] confirms that if the motivation is weak or the stimulus associated with the behavior is negative, then the possibility of the appearance of the behavior is therefore weak and as a result the goal is not achieved.

2. The fourth objective: Differences in the level of perceived behavior according to the variable (training age - chronological age)

Table 9: Shows this

Source of contrast	Sum of squares S-S	Degree of freedom D-F	Mean of squares M-S	The value Calculated	Tabular value	Significance at level 0,05
Between groups	1738.873	1	1738.873	1.913	2.04	Sig
Within groups	78653.94	72	1092.416			
Total	80392.81	73				

Fifth Objective

The relationship between psychological rebellion and perceived behavior among the next football players in the Iraqi reserve league, and table (10) shows this.

Variants	Number of individuals	Mean	Standard deviation	Correlation coefficient value	Sig type
Psychological rebellion	73	154.434	7.6423	0.632-	Inverse significant relationship
Perceived behaviour	73	183.432	11.1694		

The correlation between the psychological rebellion of the reserve football players and the behavior perceived by the reserve players was revealed through the application of the Pearson correlation coefficient for the scores of the players in the study variables. Its value was (-0.632), which is an inverse significant relationship at the level of significance (0.05) and the degree of freedom (71). The tabular value is (0.19) and table (10) shows the relationship. This result

shows a significant correlation between the psychological rebellion of the Premier League football reserve players in terms of perceived behavior, i. Who does not have the sports form, the manifestations of his condition seem to increase nervous tension under training conditions and he does not feel pleasure after completing it, and he has an uncomfortable sense of self and feels tired and exhausted, and in such cases the player is always thinking about the

possibility of his participation in the match or not.” (Al-Khikani, 191, 2011) ^[1].

Conclusions

1. The measures used in the current study (psychological rebellion - stability of perceived behavior) on a sample of Iraqi Premier League soccer players are among the valid measures to measure the goal for which it was set.
2. The two measures of the current research influencing football players is the psychological rebellion variable, and the least of them was the distance with the stability of the perceived behavior of the players.
3. Relationship and degree of correlation between the three variables (psychological rebellion and stability of perceived behavior of soccer players).
4. Organizing the perceived behavior of soccer players has a positive role in the match and how to stabilize the behavior of the players while facing the strength of the opposing team, and it contributes to the players on how to distribute the good time with the psychological confidence of the perceived behavior and how to instill the spirit of competition by putting the reserve players in the match.

Recommendations

1. The need to use the measure of psychological rebellion by coaches against players, as well as its use by sports institutions that belong to football players, starting from the buds category to the advanced category.
2. Investing in the training units in encouraging the players to present the technical and administrative aspects of the football game in order to affect the players in a positive way.
3. Promoting theoretical and practical lectures for the players on the importance of adhering to the standards and systems of the law of the modern football game as important topics in stabilizing the technical and cultural level of the players.
4. The level of the variable psychological rebellion of the reserve players depends mainly on the extent of the imposition of the resulting decisions by the technical staff in the training unit and matches.

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